

2025-2026

GIRLS LAX SKILLS CLINIC



Join us for exciting LAX training for girls at every level. Get the solid fundamental training essential for player development, including:

- Ground Balls
- Cradling / Ball Possession
- Catching
- Passing
- Shooting
- Checking Principles
- Switching Hands
- Quick Sticking

DATES & TIMES

Thursdays, 8 sessions
Grades 2 to 5: 4-5pm | Grades 6 to 8: 4-5pm

- **Fall I:** September 4th - October 23rd
- **Fall II:** October 30th - December 18th
- **Winter I:** January 1st - February 19th
- **Winter II:** February 26th - April 16th
- **Spring I:** April 23rd - June 11th

COST

\$299





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**REGISTER TODAY AT
SUPERDOMESPORTS.COM/REGISTER**

Participant's Name _____ Age _____ Grade _____ Year's Experience (if any) _____
 Position _____
 Fall I Fall II Winter I Winter II Spring I Grades 2-5 Grades 6-8 **FEE: \$299**

Participant's Name _____ Age _____ Grade _____ Year's Experience (if any) _____
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 Fall I Fall II Winter I Winter II Spring I Grades 2-5 Grades 6-8 **FEE: \$149.50**

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NO CLEATS – Turf shoes or sneakers only

TOTAL: _____

Full equipment required: stick, goggles, mouthpiece.

Parent's Name _____

Address _____ City _____ State _____ Zip _____

Email Address _____ Home Phone _____ Cell Phone _____

Mastercard Visa American Express Discover Check Cash

Card Number: _____ Expiration Date _____ Security Code _____

Billing Address _____ Zip _____

Cardholder Name _____ Cardholder Signature _____

Make checks payable to "Superdome Sports" and mail to the address below.

Each player must submit a completed online waiver prior to play. Available at superdomesports.com/waivers