



2026-2027

VOLLEYBALL TRAINING



Elite Group Training

Weekly sessions with high school and college trainers and coaches, giving your player that extra edge to supplement their existing Club and school efforts. These highly technical sessions will ensure they rise to the top.

Pass, Set & Spike

Players will build confidence while learning essential volleyball techniques, including passing, setting, serving, hitting, and defensive positioning. Older players will take their game to the next level with a focus on advancing skills, improving technique, and developing a deeper understanding of the game.

Grades 1-4 – Tuesdays, 4:00 - 5:00pm 8 weeks \$299

Fall I	Sept 1 - Oct 20	Winter II	Feb 23 - April 13
Fall II	Oct 27- Dec 15		
Winter I	Dec 29 - Feb 16	Spring I	April 20 - June 8

Grades 5-8 – Tuesdays, 5:00 - 6:00pm 8 weeks \$299

Fall I	Sept 1 - Oct 20	Winter II	Feb 23 - April 13
Fall II	Oct 27- Dec 15	Spring I	April 20 - June 8
Winter I	Dec 29 - Feb 16		

Specialized Training

Volleyball Skills

This class emphasizes individual growth, team collaboration, and the joy of volleyball, creating a rewarding experience for athletes of all skill levels.

Grades 1-4 – Tuesdays, 4:00 - 5:00pm 8 weeks \$299

Fall I	Sept 1 - Oct 20	Winter II	Feb 23 - April 13
Fall II	Oct 27- Dec 15		
Winter I	Dec 29 - Feb 16	Spring I	April 20 - June 8

Grades 5-8 – Tuesdays, 5:00 - 6:00pm 8 weeks \$299

Fall I	Sept 1 - Oct 20	Winter II	Feb 23 - April 13
Fall II	Oct 27- Dec 15	Spring I	April 20 - June 8
Winter I	Dec 29 - Feb 16		

Serving & Scoring

Build confidence and develop essential offensive skills. Learn serving techniques, attacking, positioning, and more to help players score points and make an impact on the court.

Grades 2-4 – Fridays, 4:00 - 5:00pm 8 weeks \$299

Fall I	Sept 4 - Oct 23	Winter II	Feb 26 - April 16
Fall II	Oct 30 - Dec 18	Spring I	April 23 - June 11
Winter I	Jan 1 - Feb 19		

Grades 5-8 – Fridays, 5:00 - 6:00pm 8 weeks \$299

Fall I	Sept 4 - Oct 23	Winter II	Feb 26 - April 16
Fall II	Oct 30 - Dec 18	Spring I	April 23 - June 11
Winter I	Jan 1 - Feb 19		

Private Volleyball Training

Private volleyball training offers personalized coaching tailored to each athlete's strengths and areas for improvement, helping accelerate skill development. Players receive focused attention on technique, strategy, footwork, and conditioning—areas that can be harder to address in a group setting.

1-on-1 and semi-private training available.
Call (201) 444-7660 to learn more.

Intro to Volleyball Ages 3-6 | Youth Volleyball Ages 5-7 **Intramural Volleyball Ages 4-6 & 7-10**



Nothing beats volleyball for your child's first introduction to group sports, coordination, balance, teamwork, and following directions from coaches! Our Rising Star classes are designed for little ones, helping them build confidence and learn the basics through fun, age-appropriate activities and games.



See our website or Rising Stars flyer for the latest dates and times!



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VOLLEYBALL TRAINING

REGISTER TODAY AT
BRICK.SUPERDOMESPORTS.COM



Participant's Name _____	Age _____	Grade _____	Class _____
Day _____	Time _____	☐ Fall I ☐ Fall II ☐ Winter I ☐ Winter II ☐ Spring	FEE: _____

Participant's Name _____	Age _____	Grade _____	Class _____
Day _____	Time _____	☐ Fall I ☐ Fall II ☐ Winter I ☐ Winter II ☐ Spring	FEE: _____

Participant's Name _____	Age _____	Grade _____	Class _____
Day _____	Time _____	☐ Fall I ☐ Fall II ☐ Winter I ☐ Winter II ☐ Spring	FEE: _____

Participant's Name _____	Age _____	Grade _____	Class _____
Day _____	Time _____	☐ Fall I ☐ Fall II ☐ Winter I ☐ Winter II ☐ Spring	FEE: _____

Participant's Name _____	Age _____	Grade _____	Class _____
Day _____	Time _____	☐ Fall I ☐ Fall II ☐ Winter I ☐ Winter II ☐ Spring	FEE: _____

TOTAL: _____

Parent's Name _____

Address _____ City _____ State _____ Zip _____

Email Address _____ Home Phone _____ Cell Phone _____

☐ Mastercard ☐ Visa ☐ American Express ☐ Discover ☐ Check ☐ Cash

Card Number: _____ Expiration Date _____ Security Code _____

Billing Address _____ Zip _____

Cardholder Name _____ Cardholder Signature _____

Make checks payable to "Superdome Sports" and mail to the address below.

Each player must submit a completed online waiver prior to play. Available at brick.superdomesports.com/waivers-forms